

## **BREAKFAST MENU**

Inclusive Breakfast, continental buffet, *tea or coffee, served with your choice of one A la carte or vegan dishes* 35

Morning break, tea or coffee served with a selection of French pastries 16

Healthy morning, tea or coffee served with sliced fresh fruits and Beillevaire organic yoghurt 18

## **A LA CARTE**

Full English, *two free-range eggs cooked to your liking, bacon, sausage, black pudding, baked beans, mushroom, tomato, brown toast* 28

Eggs Benedict or Royale 18/20

Omelette/egg white omelette, brown toast 17  
*Ham, cheese, tomato, pepper, mushroom*

Two free-range eggs cooked to your liking, brown toast 14

Akuri (*spiced scrambled eggs*) chapati, grilled tomato 18

Sussex smoked salmon with scrambled eggs on sourdough 20

Grilled kippers, mustard & lemon butter, poached egg, brown toast 21

Mixed berries on toasted sourdough, maple syrup, almonds, goat's curd 18

French toast, berries chutney, crème crue 16

## **VEGAN**

Full Vegan 26

*Grilled courgette, harissa tomato salsa, vegan sausage, mushroom, tomato, baked beans, cauliflower hash, avocado on sourdough*

Protein boost bowl 16

*Berry smoothie bowl made with coconut yogurt, berries and homemade granola*

Avocado bruschetta 16

*Crushed avocado, toasted pumpkin seeds*

Organic Scottish oat porridge 14

*Freeze dried raspberries, maple syrup, coconut and dukkah spice*

## **SIDES 6**

Avocado, smoked salmon, bacon, sausage, beans, mushroom, tomato

### **COFFEE by Smiths of London 6**

Americano, filter coffee

Cappuccino, latte, flat white, hot chocolate

Espresso, double espresso, matcha latte

### **TEA AND INFUSION by Jing 6**

Breakfast black tea | Assam, India

Earl grey black tea | Ruhuna, Sri Lanka

Organic Darjeeling 1st flush black tea | Darjeeling, India

Iron Buddha oolong tea | Fujian, China

Jasmine silver needle white tea | Yunnan, China

Whole chamomile flowers, peppermint, lemongrass & ginger

### **MORNING JUICES 7**

Orange, grapefruit,

Apple, pineapple, cranberry

Energising or detox juice

### **MORNING COCKTAILS 16**

Bloody Mary, Mimosa

Food allergy advice. We welcome enquiries from our guests who wish to know whether any meals contain particular ingredients.

Please ask a member of staff and we will be happy to help. Price includes VAT. A discretionary 12.5% service charge will be added to your bill